

Allura Academy

Communication Leadership

DAY ONE

Learn all about yourself and how to communicate authentically and positively with anyone you meet. Increase your verbal skills while you get new insights about who you are and what you want: what you really, really want! Become a communication leader so your host family, therapists, teachers and everyone you meet during your cultural exchange get to know and LIKE the real YOU! Plus, keep all these benefits and land the perfect job when you return home.

Learning Outcomes:

- Get great skills for excelling at work
- Easily collaborate with your new family
- Handle conflict like a pro
- Speak up clearly so others understand you
- Listen compassionately so you make positive connections
- Learn tricks that professional broadcasters use to engage an audience
- Create a positive impression ... with everyone you meet!

Morning Session

Discover YOU!

Discover your authentic personal traits through a series of special exercises that reveal your three most important qualities. In a fun, fast and interactive workshop, you will be inspired to go deep into your dreams and goals, and come up with a brand new understanding of your best qualities. We will get crafty with colored papers, scrapbook items, scissors, glue, and worksheets – so you are sure to have FUN while you LEARN.

Afternoon Session

Discover Your “Bird Brain!”

Find out what style of “thinker” you are! Are you an Owl, Hummingbird, Peacock, Duck or Woodpecker? When you know your own brain style – and you can recognize how others think – you always know the perfect words to communicate your message. And, you easily understand what others mean when they are speaking – so you increase harmony, collaboration, productivity, connection and peace.

DAY TWO

Increase your self-awareness and confidence around new people, cultures and situations. Wouldn't you like to know exactly what to do so things go smoothly? Help people see your best qualities and make friends easily. Learn how to stop negative habits that push people away. Get a secret formula (R3H1) used by all successful people to help you meet life's challenges like a boss! Get a set routine that suits you perfectly and makes you a dependable employee, ready-to-go at a moment's notice and future leader!

Learning Outcomes

- Set up a personal organization system so you meet your responsibilities stress-free
- Create a simple routine that make people feel at-ease around you
- Identify where your emotions are helping you and hurting you
- Get an instant trick to improve your mood and change your attitude
- Develop instant rapport
- Create a journal so you and your host family have a go-to resource
- Create peacefulness and enthusiasm wherever you go

Morning Session

Manage Your Life + Time!

Discover the power of "self-leadership" in a series of special exercises that unlock your self-awareness and give you a higher level of self-control. In a nourishing, safe and insight-filled workshop, you'll be encouraged to uncover the obstacles that hold you back from being your best self. You will learn what activities bring out your stellar inner qualities and help you shine in any situation. We'll get busy with new learning tools that you will build yourself. You will create a perfect picture of the perfect you!

Afternoon Session

Build a Book of Life

Take your new positive and powerful outlook and create a journal to help you plan and manage your experience in the United States. Get templates, tips, and ideas – plus contribute your own – so your journal helps you and your host family set up schedules and routines that keep you all going strong. Create sections for communicating, giving feedback and resolving conflict. This Book of Life will make you a star with your family, and the technique will serve you as an employee, team member, leader, friend and family member through all the future stages of your life.

Here's some details about our program

Mealtimes are filled with interactive, team communication games so you have full, fun days of speaking, sharing, listening, collaborating and getting to know yourself and others. You will have plenty to share on social media and

This course includes some preparation work before you attend, so you are 100% ready to take action in our bootcamp. Plus, you'll get support and exercises so you continue the learning and use the skills you get in camp. You will get a special membership log-in to our learning center so you are ready to participate and continue learning even after our program! Plus, you'll have a community of other "campers" to share your US experience with while you are here, and then keep in contact with when you return home.